



Milestones

Childcare & Preschool

Infant Room Daily Schedule

7:00 AM-9:00 AM = Drop Off/Open Play

8:15 AM-8:30 AM = Prepare & Serve Breakfast

8:55 AM = Diaper Changes

9:00 AM-10:15 AM = Bottles/Nap

10:15AM = Wake up/Snack if needed

10:15 AM-11:00AM = Enrichment Activities/Outside

11:00 AM-11:15 AM = Diapers Changes

11:15 AM-11:45 AM= Lunch Time

11:45 AM-12:00 PM – Bottles

12:00 PM-2:30 PM = Afternoon Nap

2:30 PM= Wake up, Bottles, Diaper changes & Snack

3:30 PM-4:30 PM= Enrichment Activities/Outside

4:30 PM-5:30 PM= Books/Puzzles/Clean up